

Reference Guide For Retirees

Hawaii Employer-Union Health Benefits Trust Fund

Reference Guide for Retirees

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OPEN ENROLLMENT CHECKLIST

This list will help you make sure everything transitions smoothly for you.

Late April 2003:

✓ Receive Open Enrollment materials.

May 2003:

- Review your pre-completed Enrollment/Change Form for Retirees.
- ✓ Verify information and plan preferences; make changes as needed.
- ✓ Sign the Enrollment/Change Form for Retirees.
- Complete and sign the life insurance Designation of Beneficiary Form.
- ✓ Mail the signed Enrollment/Change Form for Retirees and the completed and signed Designation of Beneficiary Form to the EUTF in the self-addressed envelope provided in your open enrollment packet.

June 2003

Receive enrollment confirmation from EUTF. Verify accuracy and notify EUTF of any problems.

July 2003

- ✓ Benefits are effective.
- ✓ Use the enrollment confirmation as a temporary ID until identification cards arrive. Only HMSA and HDS will be issuing new ID cards to all members. The new ID cards will include the new group numbers.

The EUTF is here to assist you. If you have any questions, call the EUTF Customer Service Hotline at 808-586-7390 or our toll-free number at 1-800-295-0089 or visit the EUTF website, www.eutf.hawaii.gov.

INTRODUCTION

This benefits booklet is designed to help retirees understand the benefit options available and assist them to enroll or change their enrollment in the benefit plans offered by the Hawaii Employer-Union Health Benefits Trust Fund (EUTF). This booklet will also be available at the EUTF's website, www.eutf.hawaii.gov, where you can easily access it when you have questions about your benefits.

BACKGROUND

The EUTF was established by Act 88 during the 2001 legislative session. The act was then codified in Chapter 87A, Hawaii Revised Statutes. Chapter 87A established the EUTF Board of Trustees as its governing body and is comprised of ten trustees who are appointed by the Governor of Hawaii. Five of the trustees represent the employers and five represent the employee-beneficiaries. Of the five employee-beneficiary trustees, one trustee represents the state and county retirees. Act 88 capped the amount of employer contributions for retirees and provided for an annual adjustment of the "cap" based on annual changes to the Medicare Part B premium rate.

The EUTF, which is administratively attached to the Department of Budget and Finance, is responsible for the daily administrative activities related to the health and life insurance benefits for retirees.

WHAT THIS MEANS TO YOU

In planning the benefits available through this new Trust Fund, the Board of Directors focused on providing the best available benefits within the maximum contributions available from the employers. We were able to maintain or improve benefits overall within the constraint of the maximum employer contributions.

With the exception of life insurance, you will be receiving your benefits from the same carriers as before: HDS, HMSA, Kaiser Permanente and VSP. The life insurance will be provided by Aetna.

The dental plan now has preventive services for children covered at 100% and no longer covers periodontal cleanings. The vision plan is unchanged. The life insurance benefit is increased by \$100 to \$1,900. Both the HMSA and Kaiser Permanente medical plans have been updated to conform to the prevalent plan in the community. For HMSA, this means that you will no longer have basic and major medical benefits as separate categories, now all your medical benefits will be under a "comprehensive" PPO

plan. This means that for many services you only have a 10% co-payment, compared to 20% previously when seeing a participating provider. The major change with the Kaiser Permanente plan is an increase in the registration fee for office visits from \$8 to \$10. The HMSA prescription drug benefits are unchanged. The Kaiser Permanente prescription drug benefits for retail are unchanged; for mail order the co-payment has increased from \$15 to \$20.

Domestic partners and domestic partner's children are now eligible for benefits. In addition, full-time students up to age 24 are now eligible for benefits.

Rates

The monthly premiums for the offered benefits are 100% paid by the employer. Kaiser Permanente multi-site enrollees on the mainland may be charged a portion of the premiums.

OPEN ENROLLMENT

The open enrollment period is May 1 through May 31, 2003. Each retiree was mailed this booklet along with a pre-completed Enrollment/Change Form for Retirees (EC-2) that contains the information that EUTF had available as of the beginning of April 2003. Each retiree is asked to review the information for accuracy and make any changes that are needed. You may cross out any information that should be deleted and print legibly any new information. Because the EUTF's plans are new, every retiree is being asked to complete and return a new Designation of Beneficiary form. Please return the signed EC-2 and Designation of Beneficiary form by May 31, 2003. If you do not return the EC-2 you will be enrolled in the comparable plan to the one you currently have. For example, if you currently have family coverage in Kaiser Permanente you will be enrolled in the EUTF's Kaiser Permanente plan with family coverage.

The EUTF invites you to attend Open Enrollment informational sessions. The sessions shown on the following page are confirmed as of the time this booklet went to press. Please check with our website, www.eutf.hawaii.gov, for the most current schedule.

These meetings are offered so that you can meet with your insurance carriers to learn more about your EUTF benefit plans. Since this is a transition from the current Public Employees Health Fund and the Union plans, the meetings will begin with a half-hour overview of the changes in benefits. The remaining time is for you to meet with the insurance carriers and the EUTF staff. When you attend a meeting, please bring your precompleted EC-2 form.

2003 OPEN ENROLLMENT MEETING SCHEDULE FOR RETIREES

	Date	Start Time	End Time	Location
	OAHU			
	May 10	9:00 AM	11:00 AM	Aiea High School Cafeteria
	May 27	8:00 AM	11:00 AM	State Capitol Auditorium
	May 28	8:00 AM	11:00 AM	State Capitol Auditorium
	May 29	8:00 AM	11:00 AM	State Capitol Auditorium
	May 30	8:00 AM	11:00 AM	State Capitol Auditorium
	HAWAII		and a section between the distance to any land and a wall with the city of a city of the land and a city of th	
	May 03	8:00 AM	11:00 AM	Kealakehe High School Cafeteria
	May 08	9:00 AM	12:00 PM	Aunty Sally Kaleohano's Lu'au Hale
	KAUAI	#1.14.4.4 (1900 1900 1900 1900 1900 1900 1900 1900 1900 1900 1900 1900 1900 1900 1		
	April 30	9:00 AM	11:00 AM	Kauai War Memorial Convention Hall
	May 01	8:00 AM	10:00 AM	Mahelona Medical Center Hospital
	LANAI			3
	May 09	12:00 PM	4:00 PM	Lanai School Library
	MAUI			
	May 17	9:00 AM	12:00 PM	Lihikai Elementary School Cafeteria
	May 17	1:00 PM	4:00 PM	Lihikai Elementary School Cafeteria
	MOLOKAI		a soon dees deel lage sites si more la deer sede a militare a lare siner son villa seden aa soon soon soon so	
	May 22	12:00 PM	4:00 PM	Mitchell Pauole Center
hu	Aiea High Scho 98-1276 Ulune Aiea, Hawaii 96	5701	Honolulu, Ha	eretania Street waii 96813
lawaii	Kealakehe High 74-5000 Puohul Kailua-Kona, Ha		Aunty Sally k 799 Piilani S Hilo, Hawaii	
auai	Kauai War Mem 4191 Hardy Stre Lihue, Hawaii 9		Mahelona M 4800 Kawaih Kapaa, Hawa	
anai	Lanai School Lik Lanai, Hawaii 9			
aui	Lihikai Elementa 335 South Papa Kahului, Hawaii			
lolokai	Mitchell Pauole	Center waii 96748		

Employee-Beneficiary Responsibilities

Employee-beneficiaries are responsible for:

- Providing current and accurate personal information as prescribed in this booklet
- Paying the employee's premium contributions in the amount or amounts provided by statute, an applicable bargaining unit agreement, or by the applicable Fund benefit plan;
- Paying the employee's premium contributions at the times and in the manner designated by the board; and
- Complying with the Fund's rules.

Any public employer whose current or former employees participate in Fund benefit plans is responsible for:

- Providing information as requested by the Fund under section 87A-24(9) of the Hawaii Revised Statutes;
- Paying the employer's premium contributions in the amount or amounts provided by statute or an applicable bargaining unit agreement and at the times and in the manner designated by the board;
- Assisting the Fund in distributing information to and collecting information from the employeebeneficiaries; and
- Complying with the Fund's rules.

Enforcement Actions of the Fund

Verifications

The EUTF may require periodic verification of eligibility for employee-beneficiaries and dependent-beneficiaries enrolled by an employee-beneficiary in EUTF benefit plans. The board may set standards and procedures for the required verification. If verification is not provided in accordance with the standards and procedures established by the board, the dependent-beneficiary's enrollment shall be cancelled as set forth in the Administrative Rules. The Administrative Rules are available at the EUTF website, www.eutf.hawaii.gov.

Contribution Shortages

A notice of contribution shortage shall be sent to an employee-beneficiary at his or her last known address if any portion of the employee-beneficiary's required semi-monthly contributions is not paid or is not withheld from the employee-beneficiary's earnings and transmitted to the Fund. The notice shall be sent within fifteen days of

the date on which the required semi-monthly contribution payment was due. The notice shall require the employee-beneficiary to make full payment of the contribution shortage prior to the last day of the second pay period immediately following the date that the required semi-monthly contribution payment was due.

Regardless of whether or not the notice of contribution shortage is received by the employee-beneficiary, if the employee-beneficiary fails to make full payment by the last day of the second pay period immediately following the date that the required semi-monthly contribution payment was due, the employee-beneficiary's enrollment in the benefit plans offered or sponsored by the Fund and all coverages for dependent-beneficiaries under such enrollment shall be canceled as set forth in Rule 4.12(c).

Cancellation of an employee-beneficiary's coverage pursuant to this rule shall not affect the Fund's right to collect any and all contribution shortages from the employee-beneficiary.

Other Actions

The Fund shall have the right and authority to file actions in any court, including but not limited to the courts of the State of Hawaii and the United States of America, to enforce the foregoing obligations and to collect premium contributions. Nothing in this rule is intended to limit or restrict the rights or remedies otherwise available to the Fund.

Retiree Eligibility

Eligibility for coverage is determined by the Administrative Rules adopted by the EUTF. New retirees are enrolled through the Employees Retirement System (ERS). Address changes, adding dependents, and other changes must be submitted to the EUTF. If you have any questions concerning eligibility provisions, you should call the EUTF Customer Service at 808-586-7390 or reference the Administrative Rules posted on the EUTF website, www.eutf.hawaii.gov.

Health Plans

Employee-beneficiaries. The following persons shall be eligible to enroll as employee beneficiaries in the benefit plans offered or sponsored by the Fund:

- An employee, including an elective officer of the State, county or legislature
- A retired employee
- Surviving spouse of an employee killed in performance of duty, spouse does not remarry

- Surviving spouse of retired employee, spouse does not remarry
- Unmarried child of an employee killed in performance of duty providing child is under 19 and has no surviving parent
- Unmarried child of retiree and under 19 with no surviving parent.

Dependent-beneficiaries. The following persons shall be eligible for coverage as dependent-beneficiaries in the benefit plans offered or sponsored by the Fund:

- Spouse or domestic partner (DP)
- ▶ Unmarried children under age 19 or full-time student under the age of 24
- Unmarried child incapable of self-support due to mental/physical incapacity that existed prior to age 19
- Child covered by terms of a qualified medical child support order (QMCSO).

Long-Term Care

The following persons shall be eligible, provided that they meet the age, enrollment, medical underwriting and contribution requirements of such plans:

- 1. Employee-beneficiaries and their spouses, parents, and grandparents;
- 2. Employee-beneficiaries' in-law parents and grandparents; and
- Qualified-beneficiaries who enroll between the ages of twenty and eighty-five.

Group Life Insurance

Employees and retired employees are eligible for any group life insurance plans offered or sponsored by the Fund, provided that they comply with the age, enrollment, underwriting, and contribution requirements of such plans.

Special Eligibility Requirements

Student

A child aged 19 through 23 is eligible if attending a fulltime accredited college, university or technical school. This includes children who are away at school and dependent upon you for support.

Domestic Partner

Person in a spouse-like relationship with an employeebeneficiary who meets the following requirements:

- Intend to remain in a domestic partnership with each other indefinitely
- 2. Have a common residence and intend to reside together indefinitely
- Jointly and severally responsible for each other's basic living expenses incurred in the domestic partnership such as food, shelter and medical care
- 4. Neither are married or a member of another domestic partnership
- Not related by blood in a way that would prevent them from being married to each other in the State of Hawaii
- 6. Both at least 18 years of age and mentally competent to contract
- 7. Consent to the domestic partnership not been obtained by force, duress or fraud
- Both sign and file a declaration of domestic partnership (affidavit) with the Fund. You may request the affidavit from your DPO or obtain one from the EUTF website, www.eutf.hawaii.gov.

Enrollment

During Open Enrollment 2003, please return your precompleted EC-2 form with all the information requested. Subsequently, those who become eligible must complete an EUTF Enrollment/Change Form for Retirees (EC-2).

If you do not enroll all eligible members of your family within 30 days of the time you or they first become eligible for coverage, you must wait until the next Open Enrollment period to do so. Open Enrollment periods generally occur once a year, usually two to three months prior to July 1. Coverage dates for all plans begin July 1 and end June 30 of the following year.

Dual Enrollment Is Not Allowed

No one may be enrolled as both an employeebeneficiary and a dependent-beneficiary. If you and your spouse both work for the State or County, you may each enroll for Self Only coverage or one of you may enroll for Family coverage.

Change of Coverage

To change your coverage, you should contact the EUTF and complete an EC-2. You are eligible to change your coverage outside the Open Enrollment period under the following circumstances:

- 1. You marry and want to enroll your spouse and newly eligible dependent children.
- 2. You need to enroll a newborn or newly adopted child.
- 3. You have a change in family status involving the loss of eligibility of a family member (separation, divorce, death, child marries, no longer lives with you, or turns 19 or 24 for student).
- 4. Your spouse's or eligible dependent's employment status changes resulting in a loss of health coverage.
- 5. You move out of your plan's service area.

Effective Dates of Coverage

For new hires, the effective date of coverage is the first day of work. There is no waiting period following your date of hire before your health benefits coverage begins, provided you submit a completed EUTF EC-1 to your employer within 30 days of your hire date. Your enrolled eligible dependents' coverage is effective the same date as yours.

Although your coverage begins immediately, payroll deductions for your premiums will not begin until the first day of the second pay period after your hire date.

If you were enrolled in the EUTF with your previous public employer and your coverage is still in effect on the day you begin work with your current employer (COBRA coverage excluded), your coverage begins immediately – so you have no break in coverage. (See Transfer of Employment, below.)

Coverage changes involving the addition of dependents are effective retroactive to the date of the event (marriage, birth, adoption, etc.) providing the application is filed within 30 days of the event. Deletion of dependents is effective on a timely or prospective basis, depending upon receipt of the application by the EUTF. Dependent children are automatically terminated as of the end of the pay period they attain age 19 or 24, in the case of full-time students, and do not require the completion of an application to delete coverage.

Transfer of Employment

If you transfer from one EUTF employer to another, including transfers within State and/or County employment, coverage will be continued provided that you are still covered by the EUTF (COBRA coverage excluded) when you begin your new position.

If you transfer employment within 90 calendar days of the last day of employment with the previous employer, you will not be subject to Act 217, SLH 1995 as amended. Act 217 states that the employer contribution for retiree benefits will be determined as follows:

- ▶ If you were employed prior to July 1, 1996 and retire with 10 or more years of service, excluding sick leave, you will receive 100% employer contribution funding.
- ▶ If you were employed or re-employed more than 90 days after the last day worked with the previous employer, after June 30, 1996 with less than 10 years of service, the funding of your retiree benefits will be:

Years of Service, Excluding Sick Leave	Employer Funding
10 but fewer than 15	50%
15 but fewer than 25	75%
25 or more	100%

End of Coverage

Coverage for you and your dependents will end if:

- 1. You voluntarily terminate coverage
- 2. Your employment terminates
- 3. Your hours are reduced so you no longer qualify for coverage;
- 4. You do not make required premium payments;
- 5. You die except for certain exceptions;
- 6. Your employer ceases to participate in the EUTF; or
- 7. The EUTF is discontinued.

Coverage for your dependents will end if your coverage ceases for any of the reasons listed above or:

- Your dependent is no longer eligible for coverage (divorce of a spouse; children marry, move out of the household, or turn age 19, or 24 if a student unless the dependent child qualifies for continuance of coverage due to disability);
- 2. Your enrolled dependent enters the uniformed services.

Effective Date of Termination

In general, coverage ends on the first day of the pay period after the event giving rise to the end of coverage. There may be certain instances in which the effective date is different. You may obtain additional information from your DPO or by referring to the EUTF Administrative Rules that are posted on the EUTF website, www.eutf.hawaii.gov.

Enrollment in EUTF benefit plans is contingent on meeting all eligibility criteria outlined on the previous pages and

detailed in the Administrative Rules. Any enrollment application may be rejected if it is incomplete or does not contain all information required to be provided by the employee-beneficiary.

An enrollment application shall be rejected if:

- The application seeks to enroll a person who is not eligible to enroll in the benefit plan for which enrollment is requested;
- The application is not filed within the time limitations prescribed by the rules;
- 3. The application contains an intentional misstatement or misrepresentation of a material fact or contains other information of a fraudulent nature:
- 4. The employee-beneficiary owes past due contributions or other amounts to the Fund; or
- Acceptance of the application would violate applicable federal or state law or any other provision of the rules.

Employee-beneficiaries will be notified of the rejection of any enrollment application.

Medicare Part B

Act 136, SLH 1999 requires all retirees and their spouses who become eligible for federal Medicare Part B medical plan coverage after June 24, 1999 to enroll in that federal benefit plan.

Please follow these guidelines to continue your EUTF retiree benefits:

If you are under age 65 and receiving Social Security retirement benefits, Social Security Administration will enroll you in the federal Medicare Part A hospital insurance plan and Part B medical insurance plan on your birthday month. Do not decline Medicare Part B. You will receive a red-white-blue Medicare card approximately three months prior to your 65th birthday.

Within the same time period, the EUTF will send you a Notice informing you about Act 136, SLH 1999, and the Medicare Part B enrollment requirement. Sign, date and send the Notice back to the EUTF with a photocopy of your red-white-blue Medicare card.

If you are over age 65 and not enrolled to receive Social Security retirement benefits, please call 800-772-1213 to enroll in the federal Medicare Part B medical insurance program immediately. Upon receipt of your red-white-blue Medicare card, make a photocopy and send it to the EUTF.

Upon receipt of your Medicare card, The EUTF will reimburse you the authorized amount for your Medicare Part B medical insurance plan premiums, including your eligible spouse's premiums, on a quarterly basis. As of April 2003, the maximum allowable reimbursement is \$50 per person per month.

If you have any questions about the State Law, please call the EUTF at 808-586-7390.

Administrative Appeals

A person aggrieved by one of the following decisions by the Fund may appeal to the board for relief from that decision:

- A determination that the person is not an employeebeneficiary, dependent-beneficiary or qualified beneficiary, or that the person is not eligible to enroll in or be covered by a benefit plan offered or sponsored by the Fund;
- A determination that the person cannot make a change in enrollment, a change in coverage, or a change in plans;
- A cancellation or termination of the person's enrollment in or coverage by a benefit plan, including long term care, offered or sponsored by the Fund; or
- A refusal to reinstate the person's enrollment in or coverage by a benefit plan, including long term care, offered or sponsored by the Fund.

The first step in the appeal process is an appeal to the administrator. In order to appeal to the administrator for relief, an aggrieved person must file a written appeal in the Fund's office within thirty days of the date of the decision with respect to which relief is requested. The written appeal shall be filed in duplicate. Unless otherwise provided by applicable federal or state law, neither the administrator nor the board shall be required to hear any appeal that is filed after the thirty-day period has expired. The written appeal need not be in any particular form but should contain the following information:

- 1. The aggrieved person's name, address, and telephone number;
- A description of the decision with respect to which relief is requested, including the date of the decision;
- 3. A statement of the relevant and material facts; and
- A statement as to why the aggrieved person is appealing the decision, including the reasons that support the aggrieved person's position or contentions.

If the aggrieved person is dissatisfied with the administrator's action or if no action is taken by the administrator on the aggrieved person's written appeal within ninety days of its being filed in the Fund's office, the second step in the appeal process is for the aggrieved person to file a written appeal to the board. A written appeal to the board must be filed in duplicate in the Fund's office. The written appeal need not be in any particular form but shall contain the following information:

- The aggrieved person's name, address and telephone number;
- A statement of the nature of the aggrieved person's interest, e.g., employee-beneficiary or dependentbeneficiary;
- 3. A description of the decision with respect to which relief is requested, including, the date of the decision;
- A complete statement of the relevant and material facts;
- A statement of why the aggrieved person is appealing the decision, including a complete statement of the position or contentions of the aggrieved party; and
- A full discussion of the reasons, including any legal authorities, in support of the aggrieved party's position or contentions.

Subject to applicable federal and state law, the board may reject any appeal that does not contain the foregoing information.

The board at any time may request the aggrieved person or any other party to the proceeding to submit a statement of additional facts or a memorandum, the purpose of which is to clarify the party's position or a specific factual or legal issue.

The board shall grant or deny the appeal within a reasonable amount of time. The board shall not be required to hold a hearing on any appeal unless otherwise required by applicable federal or state law. If required to hold a hearing, or if it decides to voluntarily hold a hearing on an appeal, subject to applicable federal or state law, the board may set such hearing before the board, a special, or standing committee of the board, a hearings officer, or any other person or entity authorized by the board to hear the matter in question. Nothing in these rules shall require the board to hear or decide any matter that can be lawfully delegated to another person or entity for a hearing and decision.

At any time, an aggrieved person may voluntarily waive his or her rights to the administrative appeal provided by the Rule by submitting such a waiver in writing to the Fund's office. The board may require the aggrieved person to make such a waiver by signing a form prescribed by it.

Enrollment/Change Form Instructions

This Enrollment/Change Form for Retirees (EC-2) will be used to enroll new employees or to make changes as allowed by law or the EUTF rules. Prior to the open enrollment period, the EUTF will send to each employee a pre-completed copy of the EC-2. Make any changes on the form, sign it and turn it in to the EUTF. Each employee should keep a copy of the signed form that reflects their open enrollment choices.

For new retirees or those completing a blank application form:

Items 1 – 7: Please complete as applicable.

Item 8: You have enrollment choices in three categories: Medical (includes Prescription Drug), Dental and Vision. In each category you may only select one option. For each option you select, you may choose coverage for yourself only or for your family.

When you choose a medical plan, you are also enrolled in the prescription drug plan. If you choose not to enroll in the medical plan, you will also be ineligible for the prescription drug plan.

You must select your dental and vision plans individually. These plans are not bundled with the medical plan.

Item 9. Please list all of your dependents and provide the information requested. If you are listing a child aged 19 through 23, they must be attending an accredited college, university or technical school as a full-time student.

If you are enrolling a child incapable of self-support due to mental or physical incapacity that existed prior to age 19, please circle "Disabled."

If you are enrolling a domestic partner, you must submit an affidavit declaring your domestic partnership. Please request the affidavit from the EUTF or obtain one from the EUTF website, www.eutf.hawaii.gov.

Note: You are automatically enrolled in the EUTF's life insurance plan. The employer pays premiums in full. If you wish not to have the life insurance coverage, please call the EUTF at 808-586-7390 and request a form to waive coverage.

Item 10: You must sign and date this form before you turn it in to the EUTF. Be sure to note that your signature represents certain affirmations about the accuracy of the information and the members of your family whom you are listing as dependents.

EUTF Enrollment/Change Form for Retirees 1. Social Security No. 2. Retiree's Name (Last, First, M.I.) 3. Date of Birth Month / Day / Year 6. Phone Number Married Single ☐ Male ☐ Female 5. Marital Status 4. Sex 7. Street Address 7b. State 7c. Zip code 7a. City 8. Plan Selections, Changes or Cancellations First, decide the coverage you want, "Self" or "Family." Please make your selection by checking the blocks for appropriate benefit plans below. The medical and prescription drug plans are available as a bundle. You cannot enroll in any one of them individually. Medical, Drug, Chiropractic (choose one) Self Family HMSA PPO Medical and Drug Kaiser Medical and Drug **HDS Dental VSP Vision** 9. If you made a "Family" coverage selection in Section 8, list all dependents to be covered, including your Spouse, Domestic Partner, Children or Students. If you are adding a Domestic Partner (DP), please refer to the instructions. If you are enrolling a domestic partner's child, please circle both the Child and DP relationship. Codes for the Action column are: A - Add; C - Change Information, D - Delete Coverage Date of Birth Social Security Relationship Gender First Name, M.I., Last Name (if different from employee) Number (Circle One) (Circle One) Action (MM/DD/YY) Spouse М DP F М Child DP Disabled F Child DP Disabled F М F Child DP Disabled М Child DP Disabled М F Child DP Disabled F М Child DP Disabled F

Certification: I certify that the information provided in this application is true and complete. I agree to abide by the terms and conditions of the benefit plans I selected. I affirm that any listed dependent child, aged 19 through 23, is attending a college, university or technical school as a full-time student.
attending a conege, university of teermical series as a rail time stadent.

Child DP Disabled

Date:

F

Signature

Instructions to Complete the Designation of Beneficiary Form

Life insurance benefits are described later in this booklet. If you do not wish to have life insurance coverage please contact the EUTF at 808-586-7390 or toll free at 1-800-295-0089 to request a form to waive your coverage.

Please use only black ink to complete the form.

If you make a mistake in completing the form, line out the erroneous information, add the correct information and initial the correction. The printed material on the form should not be deleted or altered in any way.

In all cases, the relationship of the beneficiary and the beneficiary's social security number should be included with the beneficiary designations.

If a beneficiary is to be contingent, be sure to check the appropriate box. A Contingent Beneficiary will receive benefits only if the Primary Beneficiary(ies) does not survive the insured. If naming more than one Contingent Beneficiary at 100% each, please indicate 1st contingent, 2nd contingent, 3rd contingent, etc.

If a married woman is named beneficiary, her full legal name should be shown. For example: Mary J. Smith, not Mrs. John J. Smith. Likewise, if this form is to be signed by a married woman, she should sign her full legal name.

If a minor child is named beneficiary, the date of birth along with the child's social security number must be given.

Conditions – When you sign the form you are agreeing to these conditions:

Unless otherwise expressly provided in this Designation of Beneficiary form, if any named beneficiary predeceases you, the life proceeds shall be payable equally to the remaining named beneficiary or beneficiaries. If no named beneficiary survives you, any sum becoming payable under said Group Policy(ies) by reason of your death shall be payable as prescribed in said Group Policy(ies).

If this Designation of Beneficiary provides for payment to a trustee under a trust agreement, Aetna Life Insurance Company shall not be obliged to inquire into the terms of the trust agreement and shall not be chargeable with knowledge of the terms thereof. Payment to and receipt by the trustee shall fully discharge all liability of said Insurance Company to the extent of such payment.

If you live in one of the following community property states - Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington, or Wisconsin - your spouse may have a legal claim for a portion of the life insurance benefit under state law. If you name someone other than your spouse as beneficiary, payment of the death benefit may be delayed until your spouse's claim is resolved. If you make the beneficiary someone other than your spouse, it may be a good idea to complete the spousal consent section, which allows the spouse to waive his or her rights to any community property interest in the benefit.

When two or more beneficiaries are named, and they are not to share the benefits equally, enter the percentage each beneficiary is to receive on the form in the space provided. Dollars and cents should not be specified. When added together, the sum of the percentages going to the two or more named beneficiaries must total 100%.

If a trustee is named beneficiary, show the exact name of the trust, date of the trust agreement, and the name and address of the trustee.

For example: The John J. Smith Revocable Life Insurance Trust, dated January 1, 1994. John Smith, Trustee, 123 Apple Lane, Hartford, CT 06006.





Aetna Life Insurance Company Designation of Beneficiary

Please keep a copy for your records. Group Policyholder Name		Group Policy Number	
Hawaii Employer-Union Health	Benefits Trust Fund	881930	
Employee/Retiree Name and Address		Employee/Retiree Social Security N	umber
bject to the terms of the above nu	mbered Group Policy(ies), I request that	t any sum becoming payable by reason	of my death be payable
e following beneficiary(ies). It is a	my understanding that this designation s tlement previously made by me under s	shall operate so as to revoke all designated Policy(ies). If this Designation of F	tions of beneficiary and Seneficiary refers only to
	I am also insured for Supplemental and		
	n of Beneficiary is subject to all "Condi		
nployee/Retiree Signature		Date	
			~
eneficiary Name and Address	☑ Primary Bo	eneficiary*	
lationship	Social Security Number	Date of Birth (MM/DD/YYYY)	Percentage
eneficiary Name and Address	(Please check one) Primary B	eneficiary* or 🗆 Contingent Beneficiary**	
lationship	Social Security Number	Date of Birth (MM/DD/YYYY)	Percentage
eneficiary Name and Address	(Please check one) Primary B	eneficiary* or □ Contingent Beneficiary**	
lationship	Social Security Number	Date of Birth (MM/DD/YYYY)	Percentage
,	,	, in the second	-
neficiary Name and Address	(Please check one) Primary B	l eneficiary* or □ Contingent Beneficiary**	
•			
elationship	Social Security Number	Date of Birth (MM/DD/YYYY)	Percentage
	ry is named, the primary beneficiaries s		
Contingent Beneficiary(ies) will	only receive proceeds if all Primary Ber 100% each, please indicate 1 st continger	neficiaries have predeceased the Insured	I. If you are naming mor
			the order of precedence
	MUNITY PROPERTY STATES ONLY etiree is under no obligation to complete		m
riease note that an employee/re	thee is under no complete	the Spousar Consent section of this for	111.
	ployee/Retiree named above, has design		
	hereby consent to such designation and		
	rty laws. I understand that this consent a	and waiver supersedes any prior spousa	i consent or waiver und
this plan. Spouse Signature		Date	

Medical - PPO Plan



An Independent Licensee of the Blue Cross and Blue Shield Association

The medical PPO plan is offered through HMSA. This summary is intended to provide a condensed explanation of plan benefits. For complete Information on benefits and provisions, please refer to the Guide to Benefits or certificate, which may be obtained by calling HMSA or from the EUTF website www.eutf.hawaii.gov. In the case of a discrepancy between this summary and the language contained within the Guide to Benefits, the Guide to Benefits will take precedence.

If you have any questions, please contact HMSA at any of the following locations:

Oahu 818 Keeaumoku Street Honolulu, HI 96814 Phone: (808) 948-6499

Lifetime Maximum

Hawaii 670 Ponahawai Street, Suite 121 75-166 Kalani Street, Suite 202 Hilo, Hawaii 96720 Kailua-Kona, Hawaii 96740 Phone: (808) 935-5441 Phone: (808) 329-5291

Kauai 4366 Kukui Grove Street, Suite 202 Lihue, HI 96766

Phone: (808) 245-3393

Maui 33 Lono Avenue, Suite 350 Kahului, HI 96732 Phone: (808) 871-6295

\$1,000,000

You may also find answers to your questions at the HMSA website, www.hmsa.com.

Beneficiaries who were covered by HMSA immediately prior to electing this coverage will have previously accrued maximums carry forward and count against the same types of maximum amounts under this coverage.

This medical coverage is combined with benefits for prescription medicines. This section summarizes these benefits.

Lifetime Maximum	Ψ.,000,000		
Maximum Annual Co-payment	\$2,500 per person/\$7,500 per family		
	Participating Provider	Nonparticipating Provider	
Hospital Deductible	None	\$200	
Annual Deductible	\$100 per person/\$300 per family		
	Membe	r Co-payment	
	Participating	Nonparticipating	
Physician Visits	10%	30% after annual deductible	
Immunizations (standard)	10%	None	
Testing, Laboratory and Radiology ⁽¹⁾			
Allergy Testing and Allergy Treatment Materials	20% after annual deductible	30% after annual deductible	
Inpatient Diagnostic Testing and Radiology	10%	30% after annual deductible	
Outpatient Diagnostic Testing and Radiology	20%	30% after annual deductible	
Tuberculin Skin Test.	20%	30% after annual deductible	
Note: (1) HMSA may contract with certain laborator Members may not have a copayment for serv			
Surgical Services	10%	30% after annual deductible	
Non-cutting Surgery	20%	30% after annual deductible	



Medical - PPO Plan continued



An Independent Licensee of the Blue Cross and Blue Shield Association

	Member Co-payment		
	Participating	Nonparticipating	
Organ and Tissue Transplants			
HMSA has contracted with certain providers for specific transplant services. You must receive services from a contracted provider for these benefits to apply.	None	Not Covered	
Corneal and Kidney Transplants	10%	30% after annual deductible	
Organ Donor Services	20% after annual deductible	30% after annual deductible	
Transplant Evaluation	None	Not Covered	
Chemotherapy and Radiation Therapy			
Chemotherapy	20%	30% after annual deductible	
Inpatient Radiation Therapy	10%	30% after annual deductible	
Outpatient Radiation Therapy	20% after annual deductible	30% after annual deductible	
Hospital and Facility Services			
Ambulatory Surgical Center (ASC)	10%	30% after annual deductible	
Emergency Room	10%	30% after annual deductible	
Inpatient Hospital Services	10%	30% after annual & hospital deductible	
Skilled Nursing Facility	10%	30% after annual & hospital deductible	
Behavioral Health - Mental Health and Su	ubstance Abuse		
Mental Health Facility Services	10%	30% after annual & hospital deductible	
Mental Health Physician Services – Inpatient	10%	30% after annual deductible	
Psychological Testing – Inpatient	10%	30% after annual deductible	
Psychological Testing – Outpatient	20%	30% after annual deductible	
Substance Abuse Facility Services	10%	30% after annual & hospital deductible	
Substance Abuse Physician Services Inpatient	10%	30% after annual deductible	
Other Medical Services and Supplies	20% after annual deductible	20% after annual deductible	
Medical Foods	20%	20%	
Private Duty Nursing	Not Covered	Not Covered	
Cardiac Rehabilitation	Not Covered	Not Covered	
Special Benefits for Disease Managemen	nt		
Asthma Care Connection	None	Not Covered	
Cardiac Care Connection	None	Not Covered	
Diabetes Care Connection	None	Not Covered	
Special Benefits for Health			
Assessment and Health Education			
RSVP Screenings Limitations apply.	20%	30% after annual deductible	
HealthPass – health and weight measurements, body fat analysis, blood pressure measurements, blood cholesterol, HDL, and glucose screening	None	Not Covered	





Not a benefit

Not a benefit

Medical - PPO Plan Prescription Benefits

Preferred Diabetic Supplies

Other Diabetic Supplies

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BENEFITS	MEMBER PAYS		
RETAIL PRESCRIPTION PROGRAM (30 day supply)	Participating Pharmacy	Nonparticipating Pharmacy	
Generic	\$5 copayment	\$5 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Preferred Brand Name	\$15 copayment	\$15 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Other Brand Name	\$30 copayment	\$30 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Insulin			
Preferred Insulin	\$5 copayment	\$5 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Other Insulin	\$15 copayment	\$15 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Diabetic Supplies			
Preferred Diabetic Supplies	No copayment	No copayment	
Other Diabetic Supplies	\$15 copayment	\$15 copayment	
Oral Contraceptives			
Preferred Oral Contraceptives	\$5 copayment	\$8 copayment	
Other Oral Contraceptives (including generic contraceptives)	\$30 copayment	\$30 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Diaphragms			
Preferred Diaphragms	\$10 copayment	\$12 copayment	
Other Diaphragms	\$20 copayment	\$20 copayment, plus any charges exceeding HMSA's payment of 80% of Eligible Charge	
Spacers ⁽¹⁾	Special Member Rates	Special Member Rates	
Peak Flow Meters ⁽¹⁾ Note: ⁽¹⁾ HMSA has arranged with contracted drug manuf	Special Member Rates	Special Member Rates	
BENEFITS	•	MEMBER PAYS	
	The state of the s	WEWDERPATS	
MAIL ORDER PRESCRIPTION PROGRAM (90 day supply)	HMSA Vendor	Non-HMSA Vendor	
Generic	\$10 copayment	Not a benefit	
Preferred Brand Name	\$35 copayment	Not a benefit	
Other Brand Name	\$60 copayment	Not a benefit	
Insulin			
Preferred Insulin	\$10 copayment	Not a benefit	
Other Insulin	\$35 copayment	Not a benefit	
Diabetic Supplies			

No copayment

\$35 copayment

Medical - HMO Plan



This is only a summary. It does not fully describe your benefit coverage. For details on your benefit coverage, exclusions, and plan terms, please refer to your employer's applicable Face Sheet, Group Medical and Hospital Service Agreement, Benefit Schedule, and Riders (collectively known as "Service Agreement"). The Service Agreement is the legal binding document between Health Plan and its members. In event of ambiguity, or a conflict between this summary and the Service Agreement, the Service Agreement shall control. Senior Advantage members should refer to their Kaiser Permanente Senior Advantage Evidence of Coverage for a description of their benefits.

You are covered for medically necessary services, within the Hawaii service area, at Kaiser Permanente facilities, and which are provided or arranged by a Kaiser Permanente physician. All care and services need to be coordinated by a Kaiser Permanente physician. For specific questions about coverage, please ask your employer's benefits officer or call Customer Service Center at (808) 432-5955 (Oahu) or 1-(800) 966-5955 (Neighbor Islands). You may also obtain information from the Kaiser website, www.kaiserpermanente.org.

If you live outside the Hawaii service area, membership in an out-of-state region may be available to you. Members enrolled outside the Hawaii service area may not have the same benefits described in this booklet and may have to contribute to the premium if the region's premium is higher than the amount allowed by Act 88 for the State's contribution.

If you are already enrolled in an out-of-state Kaiser Permanente Plan you will receive information about your options in a separate mailing. If you are currently not enrolled in an out-of-state Kaiser Permanente Plan but would like information, please contact the EUTF Customer Service Hotline at 808-586-7390 or email us at eutf@hawaii.gov.

	Benefits	You pay
Outpatient services	Doctors' and other health practitioners' office visits Preventive care	\$10 registration fee per visit
	Health evaluations for adults	
	Physical examinations for children, and well-baby care	\$10 registration fee per visit
	Immunizations generally available in the Hawaii service area:	
	Immunizations developed and in general use for specific diseases on March 1, 1994	No charge
	Immunizations developed or in general use for specific diseases after March 1, 1994	50% of applicable charges
	 Exception: Immunizations in keeping with "prevailing medical standards" (as defined by State law) for children 5 years of age or under and Hepatitis B 	No charge
	Unexpected mass immunizations	50% of applicable charges
	Injectable travel immunizations	50% of applicable charges plus \$10 registration fee
	Oral travel immunizations	\$10 per prescription
	Laboratory procedures, prescribed imaging, and diagnostic services	No charge
	Short-term physical, occupational and speech therapy	\$10 registration fee per visit
	Dialysis	
	Kaiser Permanente physician and facility services for dialysis Equipment, training and medical supplies for home dialysis	\$10 registration fee per visit No charge
	Outpatient surgery and procedures	\$10 registration fee per visit
	Materials for dressings and casts	No charge after \$10 registration fee
	Take-home supplies , such as drug and ostomy supplies, catheters and tubing	Not covered

Medical - HMO Plan continued



	Benefits	You pay
Hospital	Doctors' medical and surgical services	No charge
inpatient care	Room and board, general nursing, laboratory procedures, prescribed imaging, and diagnostic services	No charge
	Transplants , including kidney, heart, heart-lung, liver, lung, simultaneous kidney-pancreas, bone marrow, cornea, small bowel, and small bowel-liver transplants	No charge for the procedure (drugs according to member's drug coverage)
Prescribed drugs	Prescribed drugs that require skilled administration by medical personnel (e.g., cannot be self-administered)	No charge after \$10 registration fee
	Prescribed by a Kaiser Permanente licensed prescriber and on the Health Plan formulary, and used in accordance with formulary criteria, guidelines or restrictions	
	Chemotherapy drugs for the treatment of cancer	No charge after \$10 registration fee
	Exclusions: Drugs that are necessary or associated with services that are excluded or not covered	
Prenatal care, interrupted pregnancy,	Prenatal care (prenatal care, delivery, and mother's care in the hospital following delivery)	No charge after confirmation of pregnancy
family planning,	Interrupted pregnancy and family planning services	\$10 registration fee per visit
involuntary infertility services, and	Involuntary infertility services (not including lab, prescribed imaging or drugs)	\$10 registration fee per visit
artificial conception	Artificial insemination	\$10 registration fee per visit
services	In vitro fertilization limited to one-time only benefit at Kaiser Permanente limited to female members using spouse's sperm	20% of applicable charges (drugs according to member's drug coverage)
Home health care and hospice care	Home health care, nurse and home health aide visits to homebound members, when prescribed by a Kaiser Permanente physician. Hospice care. Supportive and palliative care for a terminally ill member, as directed by a Kaiser Permanente physician. Hospice coverage includes two 90-day periods, followed by an unlimited number of 60-day periods. (Hospice benefits apply in lieu of any other plan benefits for treatment of terminal illness.)	No charge
Skilled nursing care	Up to 100 days of prescribed skilled nursing care services in an approved facility (such as a hospital or skilled nursing facility) per benefit period.	No charge
	Exclusions: Personal comfort items, such as telephone, television and take-home medical supplies.	
Emergency services	At a facility within the Hawaii service area for covered emergency services	\$25 registration fee per visit, plus other applicable plan charges

Medical - HMO Plan continued



	Benefits	You pay
Emergency services continued	At a facility <u>outside</u> the Hawaii service area for covered emergency services (covered for initial emergency treatment only).	20% of all Reasonable and Customary charges
continued	Note: Member (or Member's family) must notify Health Plan within 48 hours if admitted to a non-Kaiser Permanente facility.	plus other applicable plan charges
	Senior Advantage members.	\$25 worldwide
Out-of-area urgent care services	At a non-Kaiser Permanente facility for covered urgent care services (Coverage for initial urgent care treatment only and while temporarily outside the Hawaii service area)	20% of all Reasonable and Customary charges plus other applicable plan charges
Ambulance services	Ambulance Services are those services in which: use of any other means of transport, regardless of availability of such other means, would result in death or serious impairment of the member's health, and is for the purpose of transporting the member to receive medically necessary acute care. In addition, if air ambulance, the member's condition must require the services of an air ambulance for safe transport.	20% of all Reasonable and Customary charges
	Senior Advantage members.	No Charge
Blood (inpatient or outpatient)	Regardless of replacement, units and processing of units of whole blood, red cell products, cryoprecipitates, platelets, plasma, fresh frozen plasma, and Rh immune globulin. Collection, processing, and storage of autologous blood when prescribed by a Kaiser Permanente physician.	20% of applicable charges
	Donor directed units	Not covered
Mental	Up to 24 combined outpatient office visits/calendar year	\$10 registration fee
health and chemical dependency services	Up to 30 days hospital care per calendar year in total, which can include any combination of hospital days and specialized facility services. (Two (2) days of specialized facility care counts as one (1) hospital day.) Includes Kaiser Permanente physician services	per visit No charge (Mental Health)
Sel Vices	Note: Parity coverage for "serious mental illness" (schizophrenia, schizoaffective disorder, and bipolar mood disorder), is provided in accordance with state law.	20% of applicable charges (Chemical dependency)
	Senior Advantage members:	
	Unlimited visits per calendar year for serious mental illness as defined by Hawaii law.	\$10 registration fee per visit
	Other mental illnesses – visits 1 through 20 per calendar year	20% of applicable charges
	Other mental illnesses – visits 21+ per calendar year	50% of applicable charges
	Inpatient: first 190 lifetime days and 190+ days for serious mental illness	No charge
	Up to 30 days per calendar year for other mental illness after 190 lifetime days have been used.	20% of non- member rates

Medical - HMO Plan continued



	Benefits	You pay
Internal prosthetics, devices, and aids	Implanted internal prosthetics (such as pacemakers and hip joints), and internally implanted devices and aids (such as surgical mesh, stents, bone cement, implanted nuts, bolts, screws, and rods) which are medically indicated, prescribed by a Kaiser Permanente physician and obtained from sources designated by Health Plan	20% of applicable charges
	Fitting and adjustment of these devices, including repairs and replacement other than those due to misuse or loss	20% of applicable charges
External prosthetic devices and braces	External prosthetic devices and braces, when prescribed by a Kaiser Permanente physician, and obtained from sources designated by Health Plan	20% of applicable charges
	Fitting and adjustment of these devices, including repairs and replacements other than those due to misuse or loss	20% of applicable charges
Durable medical equipment	Medically necessary and appropriate durable medical equipment for use in the home, when prescribed by a Kaiser Permanente physician and obtained from sources designated by Health Plan on either a purchase or rental basis, as determined by Health Plan	20% of applicable charges
	Oxygen for use in conjunction with prescribed durable medical equipment	20% of applicable charges
	Repair, replacement and adjustment of durable medical equipment, other than those due to misuse or loss	20% of applicable charges
Diabetes equipment	Glucose meters and external insulin pumps (and the supplies necessary to operate them) when Health Plan criteria are met.	20% of applicable charges
Drug	For each prescription, when the quantity does not exceed: a 30–consecutive-day supply of a prescribed drug, or one dose of a self-administered injectable drug, or one cycle of an oral contraceptive drug, or an amount as determined by the Formulary.	\$10 per prescription
	Insulin and certain diabetes supplies	\$10 per prescription
	Oral contraceptive drugs	\$10 for one cycle
	Diaphragms and cervical caps	\$10 each
	Other contraceptive drugs and devices	\$10 times the number of months the drug or device is effective; \$250 maximum
Mail order	Mail order prescription forms may be obtained at any Kaiser Permanente pharmacy, or call the Kaiser Permanente mail order pharmacy at 432-5510, Monday - Friday, 8:30 A.M. to 5:00 P.M. You may purchase a 3 month's supply of maintenance medications at 2 copayment amounts through Kaiser Permanente's mail order prescription service, restricted to ZIP codes in the Kaiser Permanente service area. Please mail your refill order before you are down to your last 10 days supply. Allow one week to receive your medication for refillable orders. The mail order program does not apply to the delivery of certain pharmaceuticals (i.e., controlled substances as determined by State and/or Federal regulations, bulky items, medication affected by temperature, injectables, and other products and dosage forms as identified by the Pharmacy and Therapeutics Committee).	

	Benefits	You pay
Supplemental charges maximum	Your out-of-pocket expenses for covered Basic Health Services are capped each year by a Supplemental Charges Maximum.	\$1,000 per member,
	You must retain your receipts for the charges you have paid, and when the maximum amount has been PAID, you must present these receipts to our Business Office at Moanalua Medical Center, Honolulu Clinic or to the cashier at other clinics. After verification that the Supplemental Charges Maximum has been PAID, you will be given a card which indicates that no additional Supplemental Charges for covered Basic Health Services will be collected for the remainder of the calendar year. You need to show this card at your visits to get your Supplemental Charges waived.	\$3,000 per family unit (3 or more members), for calendar year
	All payments are credited toward the calendar year in which the services were received.	
	Once you have met the Supplemental Charges Maximum, please submit your proof of payment as soon as reasonably possible. All receipts must be submitted no later than February 28 of the year following the one in which the services were received.	

This is only a summary. It does not fully describe your benefit coverage nor does it list the majority of the exclusions and limitations for these benefits. For a summary listing of the benefit exclusions and limitations, please contact the EUTF administrative office or Kaiser Permanente's Customer Service Department. For a full description of your benefit coverage, exclusions, and plan terms, please refer to your employer's applicable Face Sheet, Group Medical and Hospital Service Agreement, Benefit Schedule, and Riders (collectively known as "Service Agreement"). The Service Agreement is the legal binding document between Health Plan and its members. In event of ambiguity, or a conflict between this summary and the Service Agreement, the Service Agreement shall control.

HDS Hawaii Dental Service DELTA DENTAL

HDS Dental Plan

Summarized below are the dental benefits provided through Hawaii Dental Service (HDS). For a full description of the benefits and how to access them, refer to the EUTF website, www.eutf.hawaii.gov, or the HDS Customer Service Department at (808) 529-9248 or toll-free from the neighbor islands and continental U.S. at 1-800-232-2533 extension 248. You may also obtain information from the HDS website, www.deltadentalhi.org.

Beneficiaries who were covered by HDS immediately prior to electing this coverage will have time limitations carried forward for diagnostic and preventive benefits.

Benefit	Plan Coverage
Diagnostic	
Examinations (twice per calendar year)	100%
Bitewing x-rays (twice per calendar year)	100%
Other x-rays (full mouth x-rays limited to once every three years)	100%
Preventive	
Prophylaxes (cleanings - twice per calendar year)	100%
Stannous fluoride (once per calendar year through age 17)	100%
Space maintainers (through age 17)	100%
Sealants (through age 16)	100%
Restorative	
Amalgam fillings	60%
Composite fillings (limited to anterior teeth)	60%
Crowns and Gold Restorations (once every 5 years when teeth cannot be restored	60%
with amalgam or composite fillings)	
Endodontics	
Pulpal Therapy	60%
Root canal	60%
Periodontics	'
Surgical and non-surgical treatment of diseases of the gums and bones	60%
Prosthodontics	
Fixed Bridges (once every 5 years; ages 16 and older)	60%
Dentures (complete and partial – once every 5 years; ages 16 and older)	60%
Implants (covered as alternate benefit)	60%
Oral Surgery	60%
Adjunctive General Services	60%
Palliative	100%
Calendar Year Benefit Maximum*	\$1,000/ person

^{*} The plan maximum will be prorated to \$500 for the initial period beginning July 1, 2003 through December 31, 2003. Effective January 1, 2004 the annual plan maximum will be \$1,000 per person.

VSP Vision Plan



Summarized below are the vision benefits provided through Vision Service Plan (VSP). For a full description of the benefits and how to access them, refer to the EUTF website, www.eutf.hawaii.gov, or the VSP Customer Service Department at (808) 532-1600 or toll-free from the neighbor islands at 800-522-5162 and continental U.S. at 800-877-7195. You may also obtain information from the VSP website, www.vsp.com.

	Network	Non-Network
Eye Exam		
Every 12 Months	\$10 Co-payment	Up to \$40 Benefit
Materials		
Lenses Every 12 Months	\$25 Co-payment	Not Applicable
Single Vision ¹	No Charge	Up to \$40 Benefit
Bifocals ¹	No Charge	Up to \$60 Benefit
Trifocals ¹	No Charge	Up to \$60 Benefit
UV Coating ¹	No Charge	No Additional Benefit
Frame		
Every 24 Months	Covered Up to \$105 Allowance ²	Up to \$40
Contacts	- 1 as	
Every 12 Months	Covered Up to \$100 Allowance ³	Up to \$100

Lens options, which can enhance the appearance, durability and function of your glasses, are available to you at VSP's member preferred pricing.

If you choose a frame valued at more than your allowance, you'll save 20% on your out-of-pocket cost for frames.

Your allowance applies to the cost of your contact lens exam and your contact lenses. You'll receive a 15% discount off the cost of your contact lens exam from a VSP doctor. Your contact lens exam is performed in addition to your routine eye exam to check for eye health risks associated with improper wearing or fitting of contacts.

Life Insurance Benefits



Life insurance benefits are underwritten by Aetna Life Insurance Company. This is a summary of the plan benefits. For complete information and provisions, please refer to your certificate or contact Aetna or the EUTF.

Customer Service: 1-866-227-9954 (toll-free)

Claim Office:
Aetna Inc.
Life Service Center
151 Farmington Avenue – RE52
Hartford, CT 06156-3007

Fax Number for Claim Submission: 1-800-238-6239

Website: www.aetna.com

In the event of your death, the life insurance company will pay your beneficiary \$1,900. The death benefit amount will be reduced by any amount previously paid under the Accelerated Death Benefit provision, described below.

Designation of Beneficiary Form

This booklet contains a Designation of Beneficiary Form and instructions for completing the form. This form must be completed and turned in to the EUTF. If you do not complete a new Designation of Beneficiary Form the legal order of spouse, children, parents, brothers/sisters, and estate will be followed.

Long-Term Care Plan



Information about the long-term care plan is being provided even though it is not part of the EUTF's open enrollment. The Public Employees Health Fund arranged for this coverage and its availability is continuing. Since this coverage is a carry-over, it does not include eligibility for domestic partners.

The long-term care insurance plan is underwritten by Hartford Life Insurance Company. Long-term care includes a wide range of supportive, medical, personal and social services for people who need assistance for an extended period of time. The purpose of Long-Term Care is to maintain and/or increase independence by promoting functionality and the ability to care for oneself. Long-Term Care needs may arise at any time due to an injury, illness or the effects of the natural aging process. Services for Long-Term Care can be provided in your home, by your community, a nursing home, an assisted living facility or an alternate care facility.

Long-Term Care insurance is an affordable way to protect against the risk of losing your savings to pay for Long-Term Care services. Most unplanned Long-Term Care costs are paid directly by individuals and their families. This can mean tapping into hard-earned savings or limiting the income available to support a healthy spouse.

The average cost of one year in a nursing home is over \$46,000.¹ Since the average nursing home stay is 2.6 years², nursing home costs can exceed \$100,000. This is expected to rise at an average annual rate of 3% above the overall rate of inflation. If this trend continues, the annual cost of a nursing home stay will increase from \$46,000 to \$69,000 by 2015. Without Long-Term Care protection you may lose everything you've worked a lifetime to save.

The following persons, ages 20 through 85 are eligible to enroll in the program on a voluntary, self-pay basis:

- 1. State and County employees (employed for three months and at least a 50% full-time position) and retirees, as well as
 - A. Their spouses
 - B. Their parents and parents-in-law
 - C. Their grandparents and grandparents-in-law
- 2. The surviving spouses of deceased retirees or employees killed in the performance of duty

There is no automatic enrollment for this coverage. You must file a separate enrollment application and pay monthly premiums directly to Hartford Life Insurance Company. Newly hired employees will be offered a 90-day enrollment period as well.

To receive the necessary enrollment materials, please call (808) 524-1372 (neighbor islands may call toll-free 1-866-299-1234) or FAX your request to 1-888-565-1560. Be sure to include your name, address, city, state, zip, phone number and active or retiree designation.

You may also visit http://www.healthfundltc.com to email a request for enrollment materials.

¹ Health Insurance Association of America, 1999

² New England Journal of Medicine, 1991



Plan Information at a Glance				
Total Coverage	The Applicant chooses either a three-year plan or a five-year plan.			
Daily Benefit	The Applicant chooses one of the daily benefit amounts:			
Amounts	 \$100 per day for Nursing Home Care; \$75 per day for Assisted Living Facility Care and Residential Care Homes; and \$50 per day for Home Care; or 			
	 \$150 per day for Nursing Home Care; \$112.50 per day for Assisted Living Facility Care and Residential Care Homes; and \$75 per day for Home Care; or 			
	 \$200 per day for Nursing Home Care; \$150 per day for Assisted Living Facility Care and Residential Care Homes; and \$100 per day for Home Care. 			
	Note: According to the Hartford, a semi-private room in a nursing home in Hawaii averages \$181 per day.			
Available Coverage	Comprehensive includes: Nursing Home Care, Home Health Care, Adult Day Care, Respite Care, Assisted Living Facilities, Residential Care Homes and Supportive Services.			
Deductible Period	Ninety (90) calendar days once per lifetime.			
Return of Premium Upon Death Benefit	If death occurs at age 65 or earlier, 100% of premiums are returned, less any benefits paid. The amount of premium decreases by 10% each year after age 65, with no premium returned if death occurs at age 75 or later. The applicant may decline this benefit at the time of application.			
Nonforfeiture Benefit	This benefit provides for continuation of your coverage on a limited basis if you elect to voluntarily terminate coverage after paying premiums for at least 36 months. The applicant may decline this benefit at the time of application.			
Inflation Protection Option	Periodic Benefit Increases – at least every 3 years you will be offered an option to increase coverage for an additional premium amount; this option is automatically included in the Health Fund program.			
-	Automatic Inflation Protection – built-in 5% compounded annual increases in coverage with level premiums; the applicant may accept or decline this option at the time of application.			
Advisory Services	Available to help develop a plan of care and to identify quality providers.			
Benefit Eligibility	Loss in 2 out of 6 Activities of Daily Living or severe cognitive impairment.			
Portability	Coverage is fully portable to anywhere in the United States.			
Rates	Rates are based on you age when your application is received. They are designed to remain level over your lifetime and can only be changed on a class basis not because of an individual's age or illness.			
Guaranteed Renewable	Your coverage can never be canceled as long as you continue to pay your premiums when due.			

Important Notices

Many federal and state laws guide the administration of all health benefits insurance plans. While official insurance contracts actually govern your rights and benefits under each plan in which you are enrolled, the following information is provided to help you understand your statutory rights and benefits. If any discrepancy exists between the information provided in this section and your official insurance documents, the official insurance documents will prevail.

If you have any questions about this section, please call the Hawaii Employer-Union Health Benefits Trust Fund (the EUTF) at 808 586-7390.

Women's Health & Cancer Rights Act

Your health insurance plan is required by the Women's Health and Cancer Rights Act of 1998 to provide benefits for mastectomy-related services, including:

- Reconstruction of the breast on which the mastectomy has been performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses and physical complications for all stages of a mastectomy, including lymphedemas (swelling associated with the removal of lymph nodes).

Your plan will provide coverage in consultation with the attending physician and patient.

Coverage for breast reconstruction and related services will be subject to deductibles, co-payments, and coinsurance amounts that are consistent with those that apply to other benefits under the Plan. If you have any questions about the Women's Health and Cancer Rights Act, please call your insurance carrier or the EUTF at 808-586-7390.

Newborns' & Mothers' Health Protection Act

Generally, group health plans and health insurance issuers who offer group insurance coverage may not (under federal law) restrict benefits for any hospital stay in connection with childbirth for the mother or newborn child to:

- Less than 48 hours following a normal vaginal delivery, or
- ▶ Less than 96 hours following a cesarean section.

However, federal law generally does not prohibit the mother's or newborn's attending physician, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable).

In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a hospital stay not in excess of 48 hours (or 96 hours). However, the Plan may still require pre-certification of any hospital admission in connection with childbirth, in order for you to obtain the maximum level of benefits available under the Plan.

Qualified Medical Child Support Order

Your health insurance plan honors qualified medical child support orders (QMCSOs). This means that if a QMCSO issued in a divorce or legal separation proceeding requires you to provide medical coverage to a child who is not in your custody, you may do so under the Plan. To be qualified, a medical child support order must include:

- Name and last known address of the parent who is covered under the health insurance plan,
- Name and last known address of each child to be covered under the health insurance plan,
- Type of coverage to be provided to each child, and
- Period of time coverage will be provided.

Send QMCSOs to the EUTF, which is your Plan Administrator. Upon receipt, the EUTF will notify you and give you the procedures for determining if the order is qualified. If the order is qualified, you may cover your children under the Plan.

National Medical Support Notices

The EUTF (your health benefits plan administrator) also honors qualified National Medical Support Notices (NMSNs). These Notices are similar to a QMCSO, but are issued by a state agency pursuant to a medical child support order. Upon receipt of the NMSN, the Employer will, within 40 business days, return the Notice to the state agency if the specified coverage is not available for one of the reasons set forth on the Notice, or forward the Notice to the EUTF, the Plan Administrator, if the specified coverage is available.

If the Employer forwards the Notice to the EUTF, the EUTF will, within 40 business days, return the Notice to the state agency and/or the parties concerned to inform them whether the Notice constitutes a QMCSO.

If the Notice qualifies, the EUTF will notify the state agency either that the child(ren) is/are currently enrolled

or will be enrolled in the coverage available under the EUTF.

If you are not enrolled and there is more than one coverage option available, the EUTF will inform the state agency of the coverage options from which you may elect coverage. In this event, the EUTF will also notify your employer, who will determine whether federal or state withholding rules permit withholding from your salary or wages the amount required to provide coverage to the child(ren) under the terms of the health insurance plan, and, if so, to withhold the required amounts from your pay for such coverage and remit these amounts withheld to the EUTF.

If the Notice is not qualified, then within 40 business days, the EUTF will notify the state agency and the parties involved, the specific reason(s) why the Notice failed to qualify. The EUTF may also provide additional notifications as provided for in the NMSN's instructions

Continuation of Group Health Coverage Under COBRA: Initial Notice

A federal law, commonly known as "COBRA," requires most employers to offer employees and their covered dependents the opportunity to elect a temporary continuation of health coverage, at group rates, when coverage would otherwise be terminated, because of a "qualifying event" (listed below).

The section serves as your initial notice of your rights and obligations under COBRA. It is subject to change without warning, as interpretations or changes in the law do occur. Please read this notice carefully, share it with your family, and keep it in your file.

Qualifying Events

Employees

If you are an employee covered under a group health plan, you (and your covered dependents) may elect COBRA coverage if you lose your group health coverage due to either of these "qualifying events":

Termination of your employment (for reasons other than gross misconduct), or

Reduction in your work hours causing you to be ineligible for health benefits insurance.

Covered Spouses

If you are the covered spouse of an employee enrolled in a group health plan, you may elect COBRA coverage if you lose group health coverage due to any of these "qualifying events":

Termination of your spouse's employment (for reasons other than gross misconduct), or reduction in your

spouse's work hours causing him or her to be ineligible for Plan benefits,

Death of your spouse,

Divorce or legal separation from your spouse, or

Employee-beneficiary becomes entitled to Medicare benefits.

Covered Children

Dependent children who are covered under a group health plan have the right to elect COBRA coverage if they lose coverage under the Plan due to any of these "qualifying events":

- The employee-parent's employment stops (for reasons other than gross misconduct), or work hours are reduced resulting in ineligibility for Plan benefits,
- Death of the employee-parent,
- Parents' divorce or legal separation,
- Employee-parent becomes entitled to Medicare benefits, or
- Dependent child ceases to be a "dependent child" under the health insurance plan.

Obtaining COBRA Coverage

If your employment terminates, the EUTF will automatically send you a COBRA continuation notice. However, if you get divorced or legally separated, or if your dependent child no longer meets the eligibility requirements under the Plan, you or your dependents must notify the Plan Administrator and request COBRA coverage. You must make this request within 60 days of the qualifying event. If you fail to give this notice within the 60-day period, your spouse and any covered dependent that loses coverage will NOT be offered COBRA coverage. Also, if you fail to give this notice and your insurance carrier mistakenly pays claims for expenses incurred after the date your coverage is supposed to end because of one of these qualifying events, then you, your spouse or your covered children will have to reimburse your insurance carrier for any claims so paid.

You will have 60 days from the date the EUTF provides you opportunity to enroll through COBRA, to make a decision about your COBRA options. If you, your spouse, or dependents do not choose COBRA coverage within this 60-day period, you will lose the right to elect COBRA coverage completely.

A covered employee or the spouse of the covered employee may elect continuation coverage for all family members. However, each covered person has an independent right to elect COBRA coverage. A covered spouse or covered dependent child may elect

continuation coverage even if the covered employee does not.

You do not have to show that you are insurable to choose continuation coverage. However, COBRA coverage is provided subject to the individual's eligibility for coverage. Your Employer reserves the right to terminate COBRA coverage retroactively if someone is determined to be ineligible for coverage under the Plan.

Adding New Dependents After Coverage Begins

If you have already elected COBRA, and you have a life event, such as marriage, birth, adoption, placement for adoption, or you have declared a domestic partner, or, if an eligible dependent declines coverage under the Plan because of other coverage and later loses such other coverage due to certain qualifying events — you may add your new spouse/domestic partner, newborn children and adopted children, or the previously covered dependent(s) to your COBRA coverage within 30 days of the event.

Cost of Coverage

Insurance carriers providing coverage for the EUTF beneficiaries will administer the billing and collection of COBRA premiums.

You will be charged the full premium under the group health plan for COBRA coverage, plus a 2% administrative charge. If you are disabled and you extend your coverage for more than 18 months, you will have to pay the full cost of coverage plus another 50% of the premium for months 19 through 29.

You may pay for COBRA coverage on a monthly basis. Your first payment will cover the period from the date your former coverage terminated to the date you elect COBRA coverage — and is due within 45 days of your COBRA election date. The EUTF will give you specific cost information at that time. For subsequent premium payments, you have a grace period of 30 days for payment of the regularly scheduled premium. If you fail to pay the full monthly premium amount when due, your COBRA coverage will be terminated for non-payment. If this happens, you will not be allowed to reinstate your COBRA coverage.

Maximum Coverage Periods

Under COBRA, the maximum coverage periods are:

18-Months – For group health coverage lost due to the employee's termination of employment (other than for gross misconduct) or reduction in hours. There are two exceptions:

Totally Disabled Individuals: The 18-month period may be extended to 29 months if an Employee or dependent is determined by the Social Security Administration to be disabled (for Social Security disability purposes) at any time during the first 60 days of COBRA coverage. This 11-month extension is available to all individuals who are covered under COBRA due to a termination or reduction in hours of employment. To receive this extension, the employee or dependent must notify the Employer or the EUTF within 60 days of the Social Security Administration's total disability determination, and before the end of the initial 18-month period. The affected individual must also notify the EUTF, the Plan Administrator, within 30 days of any final determination that the individual is no longer disabled.

Second Qualifying Event Occurs: If a second qualifying event (such as the employee's death or divorce) occurs during the 18-month or 29-month coverage period, the initial maximum coverage period of 18 months may be extended to 36 months from the date of the initial qualifying event.

36 Months – If you are a spouse or a dependent child and you lose group health coverage because of the employee's death, divorce, legal separation, or the employee's becoming entitled to Medicare benefits, or because you lose your status as a dependent child under the Plan.

Special Rule Regarding Medicare

If you enroll for Medicare before you terminate employment or before you lose full-time status, your covered spouse and dependents may continue COBRA coverage for 36 months from the date the employee became entitled to Medicare.

When Coverage Ends

Your COBRA coverage will terminate automatically before the maximum coverage period ends, when any of the following events occur:

- Your Employer no longer provides group health coverage to any of its employees.
- Payment of any required COBRA premium is not received within 30 days of its due date.
- After electing COBRA, you become covered under another group health plan (as an employee or a dependent), which does not contain any exclusion or limitation with respect to any pre-existing condition you have.
- After electing COBRA, you or your dependents become entitled to (enrolled in) Medicare.
- You became entitled to a 29-month maximum coverage period, but then the Social Security

Administration determines that you or your dependents are no longer disabled.

Once COBRA coverage is cancelled, it will not be reinstated.

Rights and Benefits

COBRA participants in a health insurance plan have the same rights and benefits as active participants in the plan. Any changes made to the plan for active participants will also apply to COBRA participants.

HIPAA Initial Notice: Notice of Privacy Rules

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

A federal law, commonly known as HIPAA (the Health Insurance Portability and Accountability Act of 1996) governs all group health plans' use and disclosure of medical information. You may find HIPAA's privacy rules at 45 Code of Federal Regulations Parts 160 and 164.

This notice summarizes these regulations, describes the EUTF's obligations, and your rights regarding the uses and disclosures of your medical information.

The EUTF acknowledges that your medical and health information is personal - and is committed to protecting your privacy.

For administration purposes, the EUTF has access to a record of your claims reimbursed under your health insurance benefits plan. This notice applies to all of the medical records that the EUTF maintains or can access. Your personal doctor, health care provider, or health insurance carrier might have different policies or notices regarding their use and disclosure of medical information that they maintain or create. However, HIPAA applies to all organizations and persons that maintain personal health information, if they fall under HIPAA's definition of "Covered Entities."

By law, the EUTF MUST:

- Make sure that medical information that identifies you is kept private,
- Give you this notice of the EUTF's legal duties and privacy practices with respect to your medical information.
- Retain copies of the notices the EUTF issues to you,
- Retain any written acknowledgments that you received the notices, or document the Plan's good faith efforts to obtain such written acknowledgments from you, and

 Follow the terms of the notice that is currently in effect.

HIPAA also requires the EUTF to tell you about:

- The EUTF's uses and disclosures of your medical information.
- Your privacy rights with respect to your medical information,
- Your right to file a complaint with the EUTF and with the Secretary of the Department of Health and Human Services, and
- The person or office at the EUTF whom you may contact for additional information about the EUTF's privacy practices.

How the Plan May Use and Disclose Your Medical Information

The following categories describe the different ways the EUTF may use and disclose your medical information. Some uses and disclosures require your authorization or opportunity to agree or object to the use or disclosure. Other uses and disclosures do not. This notice clearly identifies whether or not the use or disclosure of your medical information requires your authorization or the opportunity to agree or object. Each category contains an explanation of what is meant by the "use and disclosure" of your medical information, and some examples. Not every use or disclosure in a category will be listed. However, all of the ways the Plan is allowed to use and disclose your medical information will fall into one of the categories listed.

The following categories DO NOT REQUIRE the Plan to obtain your consent, authorization, or to provide you the opportunity to agree or object to the use or disclosure.

For Treatment: the EUTF may use or disclose your medical information to help you get medical treatment or services through the EUTF. The EUTF may disclose your medical information to health care providers, including doctors, nurses, technicians, medical students, or other health care professionals who are providing you with services covered under your insurance plan. For example, the EUTF might disclose the name of your child's dentist to your child's orthodontist so that the orthodontist may ask the dentist for your child's dental X-rays.

For Payment: the EUTF may use and disclose your medical information in the process of determining your eligibility for benefits under the EUTF, to facilitate payment to health care providers for the treatment or services you have received from them, to determine benefit responsibility under the EUTF, and to facilitate reviews for medical necessity/appropriateness of your care. For example, the EUTF may tell your doctor

whether you are eligible for coverage under the EUTF, or what percentage of the bill may be paid by the EUTF. Likewise, the EUTF may share your medical information with another entity to assist with the adjudication or subrogation of your claims or to another health Plan to coordinate benefit payments.

For the EUTF Operations: the EUTF may use and disclose your medical information for other EUTF operations. These uses and disclosures are necessary to administer the EUTF benefit plans and include using your medical information in conducting quality assessment and improvement activities, for underwriting, premium rating, and other insurance activities related to creating or renewing insurance contracts. Health care operations also include disease management, case management. conducting or arranging medical reviews, legal services, and audit functions, including fraud and abuse detection programs, business planning and development, and other activities related to business management and the EUTF administration. For example, the EUTF may use your medical information to audit the accuracy of its claim processing functions.

As Required By Law: the EUTF will disclose your medical information when required to do so by federal, state or local law. For example, the EUTF may disclose your medical information when required to do so by a court order in a civil proceeding such as a malpractice lawsuit. Or, the Secretary of the Department of Health and Human Services might require the use and disclosure of your medical information to investigate or determine the EUTF's compliance with federal privacy regulations (this notice).

To Avert a Serious Threat to Health or Safety: the EUTF may use and disclose your medical information when necessary to prevent a serious threat to your health or safety, or to the health and safety of the public or another person. However, any such disclosure would be made only to a person able to help prevent the threat. For example, the EUTF may disclose your medical information in a legal proceeding regarding the licensure of a doctor.

Special Situations

Disclosure to Business Associates: the EUTF may disclose your medical information to business associates in carrying out treatment, payment or health care operations. For example, the EUTF may disclose your medical information to a utilization management organization to review the appropriateness of a proposed treatment under your insurance plan. In addition, the EUTF personnel may use your medical information solely for the purposes of administering benefits under the EUTF.

Organ and Tissue Donation: If you are an organ donor, the EUTF may release your medical information to

organizations that handle organ procurement or organ, eye or tissue transplantation, or to an organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.

Military and Veterans: If you are a member of the armed forces, the EUTF may release your medical information as required by military command authorities. The EUTF may also release medical information about foreign military personnel to the appropriate foreign military authority.

Workers' Compensation: the EUTF may release your medical information for Workers' Compensation or similar programs. These programs provide benefits for work-related injuries or illnesses.

Health Oversight Activities: the EUTF may disclose your medical information to a health oversight agency for activities authorized by law. These oversight activities can include audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Lawsuits and Disputes: If you are involved in a lawsuit or a dispute, the EUTF may disclose your medical information in response to a court order or administrative ruling. The EUTF may also disclose your medical information in response to a subpoena, discovery request, or other lawful process by someone involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the medical information requested.

Law Enforcement: the EUTF may release your medical information if asked to do so by a law enforcement official:

- In response to a court order, subpoena, warrant, summons or similar process.
- To identify or locate a suspect, fugitive, material witness, or missing person,
- About the victim of a crime if, under certain limited circumstances, the EUTF is able to obtain the person's agreement,
- About a death the EUTF believes might be the result of criminal conduct, and
- In emergency circumstances to report a crime, the location of a crime or victims, or the identity, description or location of the person who committed the crime.

Coroners, Medical Examiners and Funeral Directors: the EUTF may release your medical information to a coroner or medical examiner. This might be necessary,

for example, to identify a deceased person or determine the cause of death.

National Security and Intelligence Activities: the EUTF may release your medical information to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

The following category REQUIRES the Plan to obtain your written authorization for the use or disclosure.

Psychotherapy Notes: Generally the EUTF must obtain your written authorization to use and disclose psychotherapy notes about you from your psychotherapist. Psychotherapy notes are separately filed notes about your conversations with your mental health professional during a counseling session. They do not include summary information about your mental health treatment. However, the EUTF may use and disclose your psychotherapy notes when needed by the EUTF to defend against a lawsuit filed by you.

The following category REQUIRES that the EUTF gives you an opportunity to agree or disagree prior to the use or disclosure.

Family or Friends Involvement: the EUTF may disclose your medical information to family members, other relatives, or your friends if:

- The medical information is directly relevant to the family or friend's involvement with your care or payment for that care, and
- You have either agreed to the disclosure or have been given the opportunity to object to the disclosure and have not objected.

Your Rights Regarding Your Medical Information

You have the following rights regarding your medical information maintained by the Plan:

Right to Inspect and Copy Your Medical Information:

You have the right to inspect and obtain a copy of your medical information contained in a "designated record set," for as long as the EUTF maintains your medical information. The designated record set includes enrollment, payment, billing, claims adjudication and case or medical management record systems maintained by or for a health Plan; or other information used in whole or in part by or for the EUTF to make decisions about people covered under the EUTF health benefits plans. Information used for quality control or peer review analyses and not used to make decisions about people covered by the EUTF health benefits plans is not contained in the designated record set.

If you request a copy of your medical information, it will be provided to you within 30 days, if the EUTF maintains the information on-site, or within 60 days, if the information is maintained off-site. If the EUTF is unable to comply within these time limits, it may request a one-time extension of up to an additional 30 days in order to provide the requested information.

You or your personal representative must complete a form to request access to your medical information contained in the designated record set. You must submit the completed request form to the EUTF Administrator whose address is provided at the end of this HIPAA notice

If you request a copy of the information, the EUTF may charge a fee for the costs of copying, mailing or other supplies associated with complying with your request.

The EUTF may deny your request to inspect and copy medical information in certain, very limited circumstances. If you are denied access to medical information, you may appeal.

If the EUTF denies your request to inspect or copy your medical information, the EUTF will provide you or your personal representative with a written denial identifying the reason(s) for the denial. The denial will also include a description of how you may exercise your appeal rights, and a description of how you may file a complaint with the Secretary of the Department of Health and Human Services.

Right to Amend Your Medical Information: If you think that your medical information is incorrect or incomplete, you may ask the EUTF to amend the information. You have the right to request an amendment for as long as the information is kept by, or for, the EUTF.

To request an amendment, you must submit your request, in writing, to the EUTF Administrator. Your written request must include a reason that supports your request.

After you request that the EUTF amend your medical information, the EUTF must comply with your request within 60 days, or notify you that your request has been denied. The EUTF may extend this for up to an additional 30 days, if it is unable to comply with your request within the initial 60-day period.

The EUTF may deny your request for an amendment to your medical information if your request is not in writing or does not include a reason to support the request. In addition, the EUTF may deny your request if you ask it to amend information that:

- Is not part of the medical information kept by or for the EUTF.
- Was not created by the EUTF, unless the person or entity that created the information is no longer available to make the amendment,

- Is not part of the information which you would be permitted to inspect and copy, or
- Is accurate and complete.

If the EUTF denies your request in the whole or in part, the EUTF must provide you with a written denial that explains the basis for the denial. You or your personal representative may then submit a written statement disagreeing with the denial, and have that statement included with any future disclosure of your medical information.

Right to an Accounting of Disclosures: You have the right to request an "accounting of disclosures" if a disclosure was made without your authorization for any purpose other than treatment, payment, or health care operations, or where the disclosure was to you about your own medical information.

To request this list of disclosures, you must submit a written request to the EUTF Administrator. Your request must state a time period for which you are requesting the list of disclosures. This period may not be longer than six years and may not include dates before April 14, 2003. Your request should indicate in what form you want the list (for example, paper or electronic). The first list you request within a 12-month period will be provided free of charge. For additional lists, the EUTF may charge you for the costs of providing the list. The EUTF will notify you of the cost involved, and you may choose to withdraw or modify your request at that time before you incur any costs.

the EUTF has 60 days from the date of your request to provide you the list of disclosures, and is allowed an additional 30 days to comply, if it provides you with a written statement of the reasons for the delay and the date by which the accounting will be provided.

Right to Request Restrictions: You have the right to request a restriction or limitation on your medical information uses or discloses for treatment, payment or health care operations. You also have the right to request a limit on your medical information that the EUTF discloses to someone involved in your care or payment for your care, like a family member or friend. For example, you could ask that the Plan not use or disclose information about a surgical procedure you had.

The EUTF is not required by law to agree to your request.

You or your personal representative must complete a form to request restrictions on the use or disclosure of your medical information. You must submit the completed form to the EUTF Administrator whose address is provided at the end of this HIPAA notice.

In your request, you must indicate:

What information you want to limit,

- Whether you want to limit the EUTF's use, disclosure, or both, and
- To whom you want the limits to apply, for example, disclosures to your spouse.

Right to Request Confidential Communications: You have the right to request that the EUTF communicate with you about your medical information or other medical matters in a certain way, or at a certain location. For example, you may ask that the EUTF contact you only at work or by mail.

To request confidential communications, you must submit a written request to the EUTF Administrator. The EUTF will not ask you the reason for your request and will accommodate all reasonable requests. Your request must specify how and/or where you wish to be contacted.

Right to a Paper Copy of This Notice: You have the right to receive a paper copy of this notice. You may ask the EUTF to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to receive a paper copy of this notice.

To obtain a paper copy of this notice, submit a written request to the EUTF Administrator, whose address is provided at the end of this HIPAA notice.

A Note about Personal Representatives

You may exercise your privacy rights through a personal representative. Your personal representative will be required to provide evidence of his or her authority to act on your behalf before that person will be given access to your medical information or allowed to take any action on your behalf with respect to your medical information. Proof of such authority may take one of the following forms:

- A power of attorney for health care purposes, notarized by a notary public,
- A court order appointing the person as your conservator or quardian, or
- An individual who is the parent of a minor child.

The EUTF may decide to deny a personal representative access to medical information of a person if it thinks this will protect the person represented from abuse or neglect. This also applies to personal representatives of minors.

However, state or other applicable law will govern whether the EUTF is permitted to disclose an unemancipated minor dependent child's medical information to the child's parent(s). State or other applicable law will also govern whether the EUTF is permitted to provide a parent's access to his or her child's medical information.

Changes to This Notice

The EUTF reserves the right to change this notice. The EUTF also reserves the right to make the revised or changed notice effective for medical information it already maintains, or has access to about you — as well as any information the EUTF receives in the future. The EUTF will post a copy of the current notice on the EUTF's web site. This notice will contain the effective date of the current notice on the first page, in the top right-hand corner.

Any revised version of this notice will be distributed within 60 days of the effective date of any material change to the uses or disclosures, your rights, the duties of the EUTF or other privacy practices stated in this notice.

Minimum Necessary Standard

When the EUTF uses or discloses your medical information, or requests your medical information from another entity, the EUTF will make reasonable efforts not to use, disclose or request more than the minimum amount of your medical information needed to accomplish the intended purpose of the use, disclosure or request, taking into consideration practical and technological limitations.

However, the minimum necessary standard will not apply to:

- Disclosures to or requests by a health care provider for treatment,
- Uses by you or disclosures to you of your own medical information,
- Disclosures made to the Secretary of the Department of Health and Human Services,
- Uses or disclosures that may be required by law,
- Uses or disclosures that are required by the EUTF's compliance with legal regulations, and
- Uses and disclosures for which the EUTF has obtained your authorization.

This notice does not apply to information that has been "de-identified." De-identified information is medical information that does not identify an individual and with respect to which there is no reasonable basis to believe that the information can be used to identify an individual.

In addition, the EUTF may use or disclose "summary health information" to obtain premium bids or to modify, amend or terminate the EUTF's health benefits plans. Summary health information is information that summarizes the claims history, claims expenses, or types of claims experienced by individuals for whom the EUTF has provided benefits, and from which identifying information has been deleted in accordance with the

Health Insurance Portability and Accountability Act (HIPAA).

Complaints

If you believe your privacy rights have been violated, you may file a complaint with the EUTF Administrator, whose address is provided at the end of this HIPAA notice.

You may also file a complaint with the Secretary of the Department of Health and Human Services at:

Secretary. DHHS Hubert H. Humphrey Building 200 Independence Avenue S.W. Washington, D.C. 20201

You must submit any complaints in writing. The EUTF will not penalize or retaliate against you for filing a complaint.

Other Uses of Your Medical Information

Other uses and disclosures of medical information not covered by this notice or the laws that apply to the EUTF will be made only with your written permission. If you provide the EUTF with permission to use or disclose your medical information, you may revoke that permission, in writing, at any time. If you revoke your permission, the EUTF will no longer use or disclose your medical information for the reasons covered by your written authorization. You should understand that the EUTF is unable to take back any disclosures that have already been made with your permission, and that the EUTF is required to retain any records regarding any care or services it provided to you.

Questions?

If you have any questions about this notice, please contact the EUTF Administrator, whose address is provided at the end of this HIPAA notice.

Governing Law

If there is any discrepancy between the information in this notice and the actual HIPAA regulations, the regulations will prevail, and the EUTF will use and disclose your medical information in a manner consistent with the regulations.

You may contact the EUTF Administrator at the following address:

The EUTF Administrator P.O. Box 2121 Honolulu, HI 96805-2121 Tel: (808) 586-7390 Toll Free: 1-800-295-0089 Fax: (808) 586-2161

Email: eutf@hawaii.gov

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